

## BREAKFAST



Served from 7.00am to 10.00am

### **The Express Breakfast** £ 12.50

Freshly baked croissant & breakfast roll with preserves & butter  
A choice of orange, grapefruit, apple or tomato juice  
A choice of coffee, tea or hot chocolate

### **The Regent Breakfast** £ 16.50

Freshly baked croissant & breakfast roll with preserves & butter  
A choice of orange, grapefruit, apple or tomato juice  
A choice of coffee, tea or hot chocolate  
A choice of one from each of the following sections

#### **Cereals:**

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,  
Alpen muesli, Special K

#### **Fruits:**

Half grapefruit, prunes in syrup, fresh fruit salad,  
fresh melon cocktail, natural bio yoghurt, fruit yoghurt

#### **Bakery:**

Danish pastry, American muffin

#### **Accompaniments:**

Baby Bel cheese, Philadelphia cheese, boiled egg

### **The Royal Breakfast** £ 18.50

Freshly baked croissant & breakfast roll with preserves & butter  
A choice of orange, grapefruit, apple or tomato juice  
A choice of coffee, tea or hot chocolate  
A choice of one from each of the following sections

#### **Cereals:**

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,  
Alpen muesli, Special K or organic granola

#### **Fruits:**

Half grapefruit, prunes in syrup, fresh fruit salad  
or fresh melon cocktail  
Natural bio yoghurt or fruit yoghurt

#### **Bakery:**

Danish pastry, American muffin, pancakes with maple syrup,  
Freshly baked waffles or French toast with maple syrup

#### **Accompaniments:**

Baby Bel cheese, Philadelphia cheese, boiled egg

#### **Hot dishes:**

Fried, poached, scrambled egg or omelette with  
bacon, sausage, grilled tomato, mushrooms, hash brown,  
baked beans and black pudding

### **The Healthy Breakfast** £ 16.50

Healthy basket including granary and rye breads, honey,  
Marmite and low fat spread  
Choose from a variety of green teas  
A choice of fresh carrot, prune or pomegranate juice  
A choice of fruit compote, organic muesli,  
organic granola or porridge  
A choice of Soya milk, natural yoghurt, probiotic yoghurt  
or a selection of fresh fruits

The Rubens at the Palace Hotel, 39-41 Buckingham Palace Road, London SW1W 0PS

Tel. +44 (0) 20 7963 0740 Fax: +44 (0) 20 7958 7725

Website: [www.rubenshotel.com](http://www.rubenshotel.com)

An optional service charge of 12.5% will be added to your bill. Prices are inclusive of VAT at current standard rate.

## SOUPS & SANDWICHES

Served from 12noon, last orders 11.45pm



<b>Chef's Homemade Soup of the Day</b> With granary and farmhouse bread	£ 6.50
<b>Bea's Chicken Noodle Soup</b> With granary and farmhouse bread	£ 6.50
<b>Lobster Roll</b> White crusty roll with Cornish lobster, avocado pear, plum tomato, gem lettuce and chive mayonnaise with colesla	£ 17.50
<b>The Rubens Club</b> A triple layered toasted sandwich with chicken, bacon, tomato, lettuce and mayonnaise	£ 12.50
<b>Char-grilled Chicken Ciabatta</b> With rocket and peppered onion mayonnaise	£ 11.00
<b>Open Smoked Salmon Sandwich</b> Cream cheese and cucumber on Poilâne bread	£ 11.50
<b>Open Roast Beef Sandwich</b> Rare roast beef, served on sliced granary bloomer with caramelised red onions and rocket leaves with side of horseradish cream	£ 14.00
<b>Croque Monsieur</b> Ham and Swiss cheese	£ 9.50
<b>English Field Mushrooms</b> Open sandwich of flat field mushrooms, roasted garlic, thyme and tapanade on toasted bread	£ 10.50
<b>Why not add a mug of soup to your sandwich for</b>	£ 3.00
<b>Finger Sandwich Platter to share</b> Egg and cress, Chicken mayonnaise, Smoked Salmon Ham and mustard, Cucumber and cream cheese	per person £ 11.50
<b>Rubens Platter to Share</b> Grilled chicken satay, spiced tiger prawns, fish goujons, warm pitta bread with houmous & tzatziki, duck spring rolls, hand cut chips, sweet chilli, sauce and lemon mayonnaise	£ 19.50
<b>Cheese Toasts</b> Granary bread topped with Cheddar & Parmesan cheese with a hint of paprika	£ 9.50

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## MAIN MEALS



All dishes are available from 12 noon, last orders 11.45pm

**Catch of the Day** £ 15.00  
Prime fillet of fish in a light batter with chunky chips, tartare sauce, mushy peas and Maldon sea salt

**Tomato Penne Pasta** £ 13.50  
Served with a green house salad

**Asparagus, Pea & Scallion Risotto** £ 13.50

**Steak Frites** £ 17.50  
8oz minute steak cooked to your liking with French fries

**Warm Scotch Egg** £ 12.50  
Mustard cress, dandelion salad and onion relish

**Seafood Linguine** £ 14.50  
Served with rocket salad

**The Rubens Burger** £ 15.00  
8oz 100% Aberdeen Angus beef burger in a white bap, iceberg lettuce, red onions, tomatoes, served with chunky chips  
add smoked bacon or Swiss cheese for an additional £1.00

**Caesar Salad** £ 11.00  
Cos lettuce leaves, Caesar dressing, toasted croutons and Parmesan shavings  
add char-grilled chicken for an additional £5.00

**Salad Niçoise** £ 12.50  
Tuna, French beans, gem lettuce, black olives, free range egg, anchovies  
New potatoes and Olive oil

**Thai Red Chicken Curry** £ 15.00  
With jasmine rice and prawn crackers

**Baked Haddock and Spinach Cocotte** £ 14.00  
Free range eggs, smoked haddock and spinach

**Mediterranean Shrimp Cocktail** £ 13.50  
King prawns with avocado pear and Marie Rose sauce

### SIDES

**Chunky Chips** £ 4.00

**Wilted Spinach** £ 4.00

**Rocket Leaves and Cherry Tomatoes** £ 4.00

**Steamed Mixed Vegetables** £ 4.00

**French Fries**

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## DESSERT

Served from 12 noon, last orders 11.45pm



<b>Cappuccino Mousse</b> With chocolate shavings and vanilla cream	£ 6.00
<b>Crème Brûlée</b> With rhubarb sorbet	£ 6.00
<b>Summer Pudding</b> Poached English fruits soaked in sponge with crème fraîche	£ 6.00
<b>Lemon Verbena Posset</b> With spiced berries and short bread	£ 6.00
<b>Fresh Fruit Salad</b> With elderflower sorbet	£ 5.00
<b>Sorbets and Ice Creams</b> Malteaser, Peppermint Crisp, Chocolate, Vanilla, Strawberry Mango Sorbet, Raspberry Sorbet	£ 5.00
<b>Selection of English Cheese</b> With grapes, homemade biscuits and quince chutney	£ 8.00

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## CHILDREN'S CORNER



Served from 12 noon, last orders 11.45pm  
Children can order from the main menu;  
price and portion size will be adjusted accordingly

**Chicken Soup with Noodles** £ 4.50

**Eggs on Toast** £ 5.00

Choose from scrambled, poached egg or omelette  
served with wholemeal toast and baked beans

**Grilled Beef Burger** £ 7.50

100% Angus beef burger with iceberg lettuce and tomato  
on a toasted bun, served with chunky chips or side salad

**Mini Fish and Chips** £ 7.00

Cod fillet served with chunky chips, garden peas and broccoli

**Macaroni Cheese** £ 6.50

Pasta shapes in a creamy cheese sauce

**Vegetable Platter** £ 6.00

Vegetable sticks and pitta bread, served with houmous  
and tomato chutney

**Ham and Cheese Toasties** £ 6.00

Served with your choice of chunky chips or side salad

**Chicken Fingers** £ 7.00

Slices of chicken fillet in breadcrumbs  
served with chunky chips

**Pasta and Sauce** £ 6.00

Choice of fresh penne, spaghetti or pasta shells  
served with tomato or white sauce

**Chocolate Fudge Sundae** £ 5.00

Warm chocolate fudge cake, ice cream, marshmallow  
and chocolate sauce

**Strawberry Sundae** £ 5.00

Fresh strawberries, ice cream, raspberry sauce,  
topped with whipped cream

**Banana Milkshake Smoothie** £ 5.00

Fresh banana and vanilla ice cream (semi skimmed milk)

**Chunky Fresh Fruit Platter** £ 5.00

With fruit flavoured yoghurt

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