

Jim's Jottings February 2010

From the Concierge Desk at The Milestone Hotel
Jim Cameron, Head Concierge



Cinderella on Ice 24th-28th February

The world-famous Imperial Ice Stars, who have won international critical acclaim with their innovative portrayals of The Sleeping Beauty on Ice and Swan Lake on Ice are set to thrill once more with a stunning new interpretation of Cinderella on Ice within the magical setting of the Royal Albert Hall.



The sophisticated production boasts opulent costumes, magnificent projected scenery and stunning special effects, including fire, rain and flying. The 25-strong cast of World, European and National Championship skaters will dazzle and enthrall you with their daring and graceful feats in a breathtaking display of world-class skating performed on a specially-created frozen stage. The Royal Albert Hall is a short stroll from the hotel, ask concierge to book your tickets.



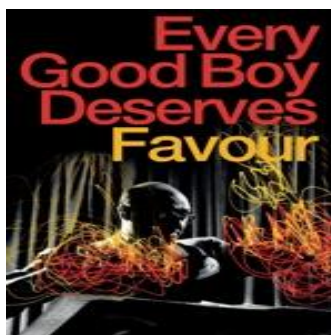
Chinese New Year Sunday 21st February

It's one of the most spectacular Chinese celebrations in the West, with huge dancing puppets, martial arts displays and an abundance of incredible food. Each and every year the celebrations get more extravagant, attracting an ever-expanding crowd. This year, the Year of the Tiger, Chinese New Year falls on 14th February 2010 but the London celebrations are on 21st February. In London, the main event takes place at Trafalgar Square with the area taken over by stalls, marquees, dragon and lion dances, traditional and contemporary music and performance. Join the throng in a stall-covered Leicester Square for fun and firecrackers then head to Gerrard Street and Chinatown for the impromptu parties and lion dancing.



Every Good Boy Deserves Favour

Tom Stoppard's darkly funny play returns to London's National Theatre this month. It features the story of a political prisoner who is locked up in an asylum. If he accepts he is ill and has been treated and cured, he will be freed. To make his captivity worse, he has to share a cell with a man who believes he is surrounded by an orchestra. The dissident's son begs his father to lie in order to be free. The play examines whether denying the truth is a price worth paying for liberty. But hurry, this production sold out last time around in London. Ask concierge to book your tickets.



London Fashion Week 19th to 24th February

In February, London Fashion Week Autumn/Winter 2010 arrives at Somerset House. Looking ahead to what we'll be wearing at the end of the year, designers present their collection for autumn and winter. The highly fashionable catwalk shows feature top names in fashion including Matthew Williamson, Pringle and Burberry. Meanwhile up and coming designers get the chance to make their break at the off-schedule spin-off shows, all aimed at the fashion press and buyers. It's all wildly exclusive of course! For further details ask the concierge team.



Concierge Confidential

Some of Kensington and Chelsea's famous residents include Isaac Newton, artist J.M.W. Turner, Sir Thomas Moore and even Royalty, Elizabeth I, Queen Victoria and of course Princess Diana all lived at Kensington Palace. The last female recipient of the death penalty in Britain, Ruth Ellis, was also one of the borough's inhabitants.

The Churchill Museum & Cabinet War Rooms

This fantastic museum is dedicated to the life of the 'greatest Briton', Sir Winston Churchill. You can also visit the secret underground headquarters that were the nerve centre of Britain's war effort. The first London museum of its kind, the Churchill Museum covers all ninety years of Winston Churchill's life, divided into five chapters. It is open daily until 6pm. Ask any of the team for directions .



Portobello Road Market

The world famous Portobello Road antiques and flea market in Notting Hill takes place every Saturday although there are also stalls from Monday to Friday. Running from Chepstow Villas to just under the Westway, it is a colourful, dynamic stretch of London.



On Saturday, it's huge, with over 2,000 stalls, selling everything from books to bric-a-brac and lace to Limoges - everything from fresh fruit, fashion and exotic cooking ingredients are on sale. Thousands of people mill around browsing second-hand clothing stalls or choosing outlandish material.

For those who have the patience to search, there are some fantastic bargains. This really is the place to shop-and-eat and then shop some more while soaking up the bo-ho atmosphere. This is not very far from the hotel, just ask any of the staff to show how to get there.



Colleagues Corner

Sinai Pedreschi has been at The Milestone Hotel since 2005 as the Director of Sales, bringing with her a wealth of knowledge of the US, UK and European markets, she understands what our guest expect and how to exceed their expectations. She speaks five languages, so should you like any information or a show around of our facilities, or any details about our sister hotels within Red Carnation Hotel Group, Sinai will be very happy to meet you.



Sinai Pedreschi
Director of Sales

Luxury Spa & Gym

Our gym is located at the lower ground level of the hotel. Use of the facilities is offered to all hotel guests between 6.00 a.m. and 11.00 p.m. Our fully air-conditioned workout room features step machines, rowing machine, treadmills, and weights. We also have a resistance swimming pool, sauna and treatment room. The health club also benefits from personal trainer Dan Garcia, who has worked for several years in this profession in areas such a Chelsea and Mayfair. Dan is a very skilled and qualified trainer with several sports qualifications.



And of course Fiona Keane our Spa Therapist is on hand - from massage to make-up, eyelash extension to pedicures. She offers a range of treatments for the 'traveller' such as an anti jet-lag and anti-stress treatment, a foot rescue, a hand revival and a migraine and headache relief. Just ask Jim to contact Fiona to make an appointment.

Restaurants Recommendations



Cheneston's Restaurant is our very own intimate restaurant offering the finest modern British cuisine. From the current Winter Menu, Stefan Otto, our Food and Beverage Manager recommends the Seared Orkney Scallops and Chef recommends the Loin of Balmoral Estate Venison.

Corrigan's Mayfair is the home of Irish chef, Richard Corrigan. Fusing seasonal produce with Richard's unmistakable flair, it offers some of the most refreshing dishes to whet London's appetites in a very long time. The menus are inspired by Richard's rural upbringing. Generous portions accompany an exciting wine list and atmosphere to match, combining 21st century luxury and style with down-to-earth, home-inspired cooking.