

BREAKFAST



Served from 7.00am to 10.00am

The Express Breakfast £ 12.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate

The Regent Breakfast £ 16.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate
A choice of one from each of the following sections

Cereals:

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,
Alpen muesli, Special K

Fruits:

Half grapefruit, prunes in syrup, fresh fruit salad,
fresh melon cocktail, natural bio yoghurt, fruit yoghurt

Bakery:

Danish pastry, American muffin

Accompaniments:

Baby Bel cheese, Philadelphia cheese, boiled egg

The Royal Breakfast £ 18.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate
A choice of one from each of the following sections

Cereals:

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,
Alpen muesli, Special K or organic granola

Fruits:

Half grapefruit, prunes in syrup, fresh fruit salad
or fresh melon cocktail
Natural bio yoghurt or fruit yoghurt

Bakery:

Danish pastry, American muffin, pancakes with maple syrup,
Freshly baked waffles or French toast with maple syrup

Accompaniments:

Baby Bel cheese, Philadelphia cheese, boiled egg

Hot dishes:

Fried, poached, scrambled egg or omelette with
bacon, sausage, grilled tomato, mushrooms, hash brown,
baked beans and black pudding

The Healthy Breakfast £ 16.50

Healthy basket including granary and rye breads, honey,
Marmite and low fat spread
Choose from a variety of green teas
A choice of fresh carrot, prune or pomegranate juice
A choice of fruit compote, organic muesli,
organic granola or porridge
A choice of Soya milk, natural yoghurt, probiotic yoghurt
or a selection of fresh fruits

The Rubens at the Palace Hotel, 39-41 Buckingham Palace Road, London SW1W 0PS

Tel. +44 (0) 20 7963 0740 Fax: +44 (0) 20 7958 7725

Website: www.rubenshotel.com

An optional service charge of 12.5% will be added to your bill. Prices are inclusive of VAT at current standard rate.

SOUPS & SANDWICHES



Served from 12noon, last orders 11.45pm

Chef's Homemade Soup of the Day With granary and farmhouse bread	£ 6.50
Bea's Chicken Noodle Soup With granary and farmhouse bread	£ 6.50
Char-grilled Chicken Ciabatta With rocket and peppered onion mayonnaise	£ 11.00
The Rubens Club A triple layered toasted sandwich with chicken, bacon, tomato, lettuce and mayonnaise	£ 12.50
Smoked Salmon Sandwich Brown bread and butter	£ 11.50
Hot Steak Sandwich Baguette With caramelised onion, mustard grain and rocket	£ 13.00
Croque Monsieur Ham and Swiss cheese	£ 9.50
Brie and Cranberry Melted Brie with cranberry and crispy bacon Alternatively Brie, cranberry and walnuts	£ 9.50
Why not add a mug of soup to your sandwich for	£ 3.00
Finger Sandwich Platter to share (minimum 2 people) Egg and cress Chicken mayonnaise Smoked salmon Ham and mustard Cucumber and cream cheese	£ 11.50 per person
Platters to Share	
The Rubens Grilled chicken satay, spiced tiger prawns, fish goujons, warm pitta bread with houmous & tzatziki, duck spring rolls, hand cut chips, sweet chilli sauce and lemon mayonnaise	£ 19.50
Cheese Toasts Granary bread topped with Cheddar & Parmesan cheese with a hint of paprika	£ 9.50

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MAIN MEALS

All dishes are available from 12 noon, last orders 11.45pm



Catch of the Day £ 15.00
Prime fillet of fish in a light batter with chunky chips, tartare sauce, mushy peas and Maldon sea salt

Tomato Penne Pasta £ 13.50
Served with a green house salad

Pumpkin & Butternut Squash Risotto £ 13.50

Steak Frites £ 17.50
8oz minute steak cooked to your liking with French fries

Cumberland Sausages and Mash £ 14.50
With onion gravy

Rubens Beef & Ale Pie £ 14.50
With root vegetables

The Rubens Burger £ 15.00
8oz 100% Aberdeen Angus beef burger in a white bap, iceberg lettuce, red onions, tomatoes, served with chunky chips
Add smoked bacon or Swiss cheese for an additional £1.00

Caesar Salad £ 11.00
Cos lettuce leaves, Caesar dressing, toasted croutons and Parmesan shavings
add char-grilled chicken for an additional £5.00

Lamb Hotpot £ 15.00
With warm crusty bread

Thai Green Chicken Curry £ 15.00
With jasmine rice and prawn crackers

Grilled Salmon £ 14.50
With winter vegetables and mashed potatoes

SIDES

Chunky Chips £ 4.00
Wilted Spinach £ 4.00
Rocket Leaves and Cherry Tomatoes £ 4.00
Steamed Mixed Vegetables £ 4.00
French Fries £ 4.00

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DESSERT

Served from 12 noon, last orders 11.45pm



Knickerbocker Glory £ 6.00
Freshly whipped cream, fruit, vanilla ice cream and chocolate sauce

Chocolate Fondant £ 6.00
With clotted cream ice cream

Baked Pear Tart £ 6.00
With cinnamon crème anglaise

Sticky Toffee Pudding £ 6.00
With toffee sauce and vanilla bean ice cream

Fresh Fruit Salad £ 5.00
With elderflower sorbet

Sorbets and Ice Creams £ 5.00
Malteser, Peppermint Crisp, Chocolate, Vanilla, Strawberry
Mango Sorbet, Raspberry Sorbet

Selection of English Cheese £ 8.00
With grapes, homemade biscuits and quince chutney

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CHILDREN'S CORNER



Served from 12 noon, last orders 11.45pm
Children can order from the main menu;
price and portion size will be adjusted accordingly

Chicken Soup with Noodles £ 4.50

Eggs on Toast £ 5.00

Choose from scrambled, poached egg or omelette
served with wholemeal toast and baked beans

Grilled Beef Burger £ 7.50

100% Angus beef burger with iceberg lettuce and tomato
on a toasted bun, served with chunky chips or side salad

Mini Fish and Chips £ 7.00

Cod fillet served with chunky chips, garden peas and broccoli

Macaroni Cheese £ 6.50

Pasta shapes in a creamy cheese sauce

Vegetable Platter £ 6.00

Vegetable sticks and pitta bread, served with houmous
and tomato chutney

Ham and Cheese Toasties £ 6.00

Served with your choice of chunky chips or side salad

Chicken Fingers £ 7.00

Slices of chicken fillet in breadcrumbs
served with chunky chips

Pasta and Sauce £ 6.00

Choice of fresh penne, spaghetti or pasta shells
served with tomato or white sauce

Chocolate Fudge Sundae £ 5.00

Warm chocolate fudge cake, ice cream, marshmallow
and chocolate sauce

Strawberry Sundae £ 5.00

Fresh strawberries, ice cream, raspberry sauce,
topped with whipped cream

Banana Milkshake Smoothie £ 5.00

Fresh banana and vanilla ice cream (semi skimmed milk)

Chunky Fresh Fruit Platter £ 5.00

With fruit flavoured yoghurt

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