

BREAKFAST



Served from 7.00am to 10.00am

The Express Breakfast

£ 12.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate

The Regent Breakfast

£ 16.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate
A choice of one from each of the following sections

Cereals:

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,
Alpen muesli, Special K

Fruits:

Half grapefruit, prunes in syrup, fresh fruit salad,
fresh melon cocktail, natural bio yoghurt, fruit yoghurt

Bakery:

Danish pastry, American muffin

Accompaniments:

Baby Bel cheese, Philadelphia cheese, boiled egg

The Royal Breakfast

£ 18.50

Freshly baked croissant & breakfast roll with preserves & butter
A choice of orange, grapefruit, apple or tomato juice
A choice of coffee, tea or hot chocolate
A choice of one from each of the following sections

Cereals:

Cornflakes, Weetabix, Bran Flakes, Rice Krispies,
Alpen muesli, Special K or organic granola

Fruits:

Half grapefruit, prunes in syrup, fresh fruit salad
or fresh melon cocktail
Natural bio yoghurt or fruit yoghurt

Bakery:

Danish pastry, American muffin, pancakes with maple syrup,
Freshly baked waffles or French toast with maple syrup

Accompaniments:

Baby Bel cheese, Philadelphia cheese, boiled egg

Hot dishes:

Fried, poached, scrambled egg or omelette with
bacon, sausage, grilled tomato, mushrooms, hash brown,
baked beans and black pudding

The Healthy Breakfast

£ 16.50

Healthy basket including granary and rye breads, honey,
Marmite and low fat spread
Choose from a variety of green teas
A choice of fresh carrot, prune or pomegranate juice
A choice of fruit compote, organic muesli,
organic granola or porridge
A choice of Soya milk, natural yoghurt, probiotic yoghurt
or a selection of fresh fruits

The Rubens at the Palace Hotel, 39-41 Buckingham Palace Road, London SW1W 0PS

Tel. +44 (0) 20 7963 0740 Fax: +44 (0) 20 7958 7725

Website: www.rubenshotel.com

An optional service charge of 12.5% will be added to your bill. Prices are inclusive of VAT at current standard rate.



SOUPS & SANDWICHES

Served from 12noon, last orders 11.45pm

Chef's Homemade Soup of the Day With granary and farmhouse bread	£ 6.50
Bea's Chicken Noodle Soup With granary and farmhouse bread	£ 6.50
Lobster Roll White crusty roll with Cornish lobster, avocado pear, plum tomato, gem lettuce and chive mayonnaise with colesla	£ 17.50
The Rubens Club A triple layered toasted sandwich with chicken, bacon, tomato, lettuce and mayonnaise	£ 12.50
Char-grilled Chicken Panini With Parma ham, rocket and basil mayonnaise	£ 11.00
Open Smoked Salmon Sandwich Cream cheese and cucumber on Poilâne bread	£ 11.50
Open Roast Beef Sandwich Rare roast beef, served on sliced granary bloomer with caramelised red onions and rocket leaves with side of horseradish cream	£ 14.00
Croque Monsieur Ham and Swiss cheese	£ 9.50
Mini Burgers 3 mini 100% Aberdeen Angus beef burgers with iceberg lettuce, red onions and tomatoes, served with French fries	£ 13.00
Toasted Goats Cheese and Roasted Vegetable Sandwich	£ 9.50
Why not add a mug of soup to your sandwich for	£ 3.00
Finger Sandwich Platter to share Egg and cress, Chicken mayonnaise, Smoked Salmon Ham and mustard, Cucumber and cream cheese	per person £ 11.50
Rubens Platter to Share Grilled chicken satay, spiced tiger prawns, fish goujons, warm pitta bread with houmous & tzatziki, duck spring rolls, hand cut chips, sweet chilli, sauce and lemon mayonnaise	£ 19.50

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MAIN MEALS



All dishes are available from 12 noon, last orders 11.45pm

Catch of the Day	£ 15.00	
Prime fillet of fish in a light batter with chunky chips, tartare sauce, mushy peas and Maldon sea salt		
Tomato Penne Pasta	£ 13.50	
Served with a green house salad		
Steak Frites	£ 17.50	
8oz minute steak cooked to your liking with French fries		
Beef Sausages	£ 15.00	
Mashed potatoes, grilled onions and gravy		
Seafood Linguine	£ 14.50	
Served with rocket salad		
The Rubens Burger	£ 15.00	
8oz 100% Aberdeen Angus beef burger in a white bap, iceberg lettuce, red onions, tomatoes, served with chunky chips		
add smoked bacon or Swiss cheese for an additional		£1.00
Caesar Salad	£ 11.00	
Cos lettuce leaves, Caesar dressing, toasted croutons and Parmesan shavings		
add char-grilled chicken for an additional		£5.00
Butternut Squash and Pumpkin Risotto	£ 13.50	
Thai Red Chicken Curry	£ 15.00	
With jasmine rice and prawn crackers		
Cider Marinated Salmon	£ 15.00	
Sweet potato rösti and watercress		
Mediterranean Shrimp Cocktail	£ 13.50	
King prawns with avocado pear and Marie Rose sauce		
SIDES		
Chunky Chips	£ 4.00	
Wilted Spinach	£ 4.00	
Rocket Leaves and Cherry Tomatoes	£ 4.00	
Steamed Mixed Vegetables	£ 4.00	
French Fries		

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DESSERT



Served from 12 noon, last orders 11.45pm

Warm Chocolate Fondant With clotted cream and lemon curd ice cream	£ 6.00
Ginger Scented Crème Brûlée With honey and ginger ice cream	£ 6.00
Blackberry Cobbler With elderflower sorbet and heather honey	£ 6.00
Lemon Cheesecake With autumn fruits	£ 6.00
Fresh Fruit Salad With elderflower sorbet	£ 5.00
Sorbets and Ice Creams Malteaser, Peppermint Crisp, Chocolate, Vanilla, Strawberry Mango Sorbet, Raspberry Sorbet	£ 5.00
Selection of English Cheese With grapes, homemade biscuits and quince chutney	£ 8.00

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CHILDREN'S CORNER



Served from 12 noon, last orders 11.45pm
Children can order from the main menu;
price and portion size will be adjusted accordingly

Chicken Soup with Noodles	£ 4.50
Eggs on Toast Choose from scrambled, poached egg or omelette served with wholemeal toast and baked beans	£ 5.00
Grilled Beef Burger 100% Angus beef burger with iceberg lettuce and tomato on a toasted bun, served with chunky chips or side salad	£ 7.50
Mini Fish and Chips Cod fillet served with chunky chips, garden peas and broccoli	£ 7.00
Macaroni Cheese Pasta shapes in a creamy cheese sauce	£ 6.50
Vegetable Platter Vegetable sticks and pitta bread, served with houmous and tomato chutney	£ 6.00
Ham and Cheese Toasties Served with your choice of chunky chips or side salad	£ 6.00
Chicken Fingers Slices of chicken fillet in breadcrumbs served with chunky chips	£ 7.00
Pasta and Sauce Choice of fresh penne, spaghetti or pasta shells served with tomato or white sauce	£ 6.00
Chocolate Fudge Sundae Warm chocolate fudge cake, ice cream, marshmallow and chocolate sauce	£ 5.00
Strawberry Sundae Fresh strawberries, ice cream, raspberry sauce, topped with whipped cream	£ 5.00
Banana Milkshake Smoothie Fresh banana and vanilla ice cream (semi skimmed milk)	£ 5.00
Chunky Fresh Fruit Platter With fruit flavoured yoghurt	£ 5.00

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