



Massages:

Swedish

The world famous, medium-pressured muscle relaxing massage.

60mins R420

90mins R590

Aromatherapy

Combines the relaxing effects of touch & smell to ease body and mind

60mins R450

90mins R590

Reflexology

The age old tradition of pressure point stimulation, in healing specific points of discomfort

60mins R490

Therapeutic Massage

A specialized deep pressure massages combining different techniques to focus on areas of concern.

45mins R390

60mins R450

Soul to Sole massage

A thoroughly relaxing and therapeutic back and foot massage

45mins R350

Back, Neck, Head and Shoulder massage

A quick and thorough massage, relieves areas of tension

30mins R300

45mins R350

Hair & Scalp Therapy

A hair & scalp treatment that combines the power of touch & smell to relax and restore the body.

30mins R250



Each superior treatment is enhanced by a luxurious hand & arm massage and de-stress scalp Treatment for the ultimate in scientific skin-therapy.

Book any 75mins facial and receive a complimentary brow wax or lash tint

Elemis Advanced Anti-Ageing Facials

Elemis Visible Brilliance Facial

This Anti-Ageing facial instantly firms, rejuvenates and plumps up the skin, whilst reducing dark circles from around the eye contour.

75mins R550

Skin Intelligence for Men

Elemis Skin IQ Facial

Prescribed to protect against the harsh, ageing effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

75mins R550

Hands and feet

Manicure 60mins

R260

Start off with a gentle exfoliation, nail and cuticle care, continue with a relaxing hand massage and finish off with your choice of polish (OPI)

Pedicure 60mins

R290

Pamper yourself with this luxurious treatment, starting off with a footbath, exfoliation and mask and continue with a relaxing foot massage and finish off with your polish (OPI) of choice.

SANCTUARY POLICY

- Please arrive 15 minutes prior to your appointment.
- Reservations- Advanced bookings prior to arrival is recommended to secure treatment.
- Credit Card numbers is required at time of booking.
- 5 hours advance notice is required for cancellations or rescheduling, after which 50% of the treatment/s will be charged for.
- Late arrivals will have their treatment times reduced accordingly.
- Prices are subject to change without notice.
- Cell phones to be turned off on arrival.
- Management and staff are not liable for loss or damage of personal property.
- Please leave valuables at home.
- Treatments and Packages are non refundable, non transferable and may not be exchanged for other treatments or products.
- Gift vouchers valid for treatments only and will not be exchanged for products or cash.
- Treatments only available to persons 16years and older.
- Prices are valid from the 1st May 2008 until 30 September 2008