

## DARPHIN 3D FACIAL TREATMENTS

**DARPHIN INTRODUCTORY FACIAL** £40.00  
30min

The perfect way to experience an instant boost for all types of skin. A perfect pre make-up facial.

**ENVIRO-RECOVERY VITAMIN INFUSION** £55.00  
45min

### Renewing Rescue Treatment

An intensive recovery for over exposed skin eliminating internal and external aggressors to establish maximum glow in minimal time.

Course of 6 (save £55.00) £275.00

**LEMON and LAVENDER PURIFIER** £65.00  
60min

### Deep Cleansing Treatment

A deep purifying and detoxifying treatment for all skin types that refines pores and leaves complexion refreshed, sparkling clean, clear and bright.

Course of 6 (save £70.00) £350.00

**VITAMIN and TANGERINE VITALIZER** £65.00  
60min

### Energising and Radiance Treatment

A perfect pep-up for sluggish skin. Delivers a high-powered boost to rev up skins natural vitality and anti-aging resources for a smooth, toned, revitalized and radiant complexion.

Course of 6 (save £70.00) £350.00

**KIWI and POMEGRANATE HYDRATOR** £75.00  
60min

### Intensive Hydrating Treatment

A deep drench and soothing cooling quench for moisture-depleted skin. This intensive hydrating facial provides a delectably dewy-fresh, radiant complexion.

Course of 6 (save £75.00) £375.00

**ROSE and LINEN AGE REVERSAL** £95.00  
90min

### Intensive Anti-Age Treatment

Turnaround aging and total renewal. A complete rejuvenating treatment to regenerate skin, reshape and firm facial muscles revealing a clear, even, toned complexion.

Course of 6 (save £105.00) £525.00

**MEADOWSWEET and CUCUMBER EYE REFINER** £35.00  
30min

### Eye Treatment

Exquisite bliss, complete renewal and rejuvenation for the fragile eye area. Eyes look fresh, bright, younger, sparkling and well-rested!

## THE SPA EXCLUSIVE DARPHIN SIGNATURE TREATMENT

**ULTIMATE REJUVINATING FACIAL** £125.00  
105min

Harmoniously bringing together all the best of Darphin's pleasure principles this exclusive facial is the ultimate in relaxation, rejuvenation and indulgence. Darphin's Ultimate Rejuvenating Facial tones and redefines the facial contours, minimises the appearance of fine lines as well as relaxes and eases tension. Each treatment begins with an in-depth skin analysis followed by a back massage; the best in deep-tissue and aroma therapeutic massage techniques. For added indulgence a head massage is incorporated into each treatment allowing you to relax through the power of pleasure.



## DARPHIN BODY TREATMENTS

**ORANGE ENERGISING EXFOLIATING POLISH** £60.00  
60min

### Energising Exfoliating Massage

Special express two-in-one treatment that deeply exfoliates to reveal a new, radiant you as it peeps up skin's energy with stimulating massage trio of Orange, Lemon and Bergamot essential oils.

**BLACK PEPPER SLIM and DETOX** £95.00  
90min

### Slimming and Detoxifying Treatment

A delightful slimming and detoxifying treatment designed to drain, tone, refine the look of "orange peel" skin, remove toxins and target unwanted fatty tissues.

**SHEA BUTTER and WHEAT MOISTURE DRENCH** £80.00  
60min

### Deep Nourishing Treatment

Experience immediate and exquisite relief from dry, tight skin as luxurious layers of pampering nourishment plump, soften, smooth and soothe skin.

**BERGAMOT and LEMON GRASS STRESS RELEASE** £95.00  
90min

### De-stress Body Treatment

Tension and mental clutters melt away with this blend of gentle exfoliation, nourishment and aromatic essences applied through rhythmic movement that soothes and smoothes the body and mind.

**PALMAROSA and JOJOBA FIRMING LIFT** £95.00  
90min

### Firming and Toning Treatment

A soothing, firming treatment that wakes up muscle tone targeting trouble spots where skin has lost elasticity to fight every inch of collagen loss and reveal a firm, youthful body.

## DARPHIN PRE - POST NATAL TREATMENTS

**VITAMIN and JOJOBA  
PRENATAL BODY FIRMER** £80.00  
60min  
**Mother-to-be Body Treatment**

Proactive nourishment and intensive emollient treatment to infuse skin with natural elastin-preserving protection to reveal a smoothed, firmed, glowing form . Keep your glow as your baby grows.

**APRICOT and VETIVER  
POST NATAL BODY FIRMER** £80.00  
60min  
**New Mother Body Treatment**

An uplifting, revitalizing cure for new moms. A full massage rebalances skin and activates circulation for an instant boost of super-charged energy. Like a night of deep, restful beauty sleep in 1 hour.

## DARPHIN MENS FACIAL TREATMENTS

**LEMON and MENTHOL  
DEEP PURIFIER** £65.00  
60min  
**Deep Cleansing Treatment**

Gentle, high-powered cleansing without dehydration. A technologically advanced purifying process to reveal refreshed, brightened skin with matte, even complexion.

**CUCUMBER and LAVENDER  
EXPRESS DE-STRESS** £70.00  
60min  
**Instant Glow and De-stressing  
Treatment**

A mini vacation from fast-paced, high pressure living. Strained facial features are relaxed as skin's innate energy is reinvigorated to reveal a refreshed complexion and healthy radiance.

## BODY MASSAGES

### SWEDISH MASSAGE

A classic European massage using long strokes and kneading of the superficial layers of muscles. This soothing massage helps to relieve tension, improving circulation and flexibility.

Full Body - 60min £70.00  
Back, Neck, Shoulder, Head £55.00  
Back, Neck, Shoulder - 30min £40.00

### DEEP TISSUE MASSAGE

Submit your body to a vigorous workout of deep rhythmic pressure focused on relieving specific stress and muscle tension.

Full Body - 60min £75.00  
Back, Neck, Shoulder - 30min £55.00

### HEAD MASSAGE £40.00

An Eastern complimentary holistic treatment, working on relieving stress and tension on the head and shoulders. 30min

### AROMATHERAPY MASSAGE

The ultimate experience in the power of touch, using essential oils which envelop you, relax or energise you. Your therapist will select from a range of oils to achieve the desired state of body and mind.

Full Body and Head - 75min £75.00  
Full Body - 60min £65.00  
Back, Neck, Shoulder, Head £55.00  
Back, Neck, Shoulder - 30min £40.00

### STONE THERAPY MASSAGE £75.00

The original stone therapy, involving the use of hot stones that are placed on the chakra points of the body. Warm oil is then therapeutically massaged into the skin with hot stones to relieve tired and sore muscles, improving circulation, lymph drainage and inducing deep relaxation. 75min

### REFLEXOLOGY £55.00

This original foot massage focuses on points of the feet which relate to specific parts of the body to heal and rebalance energy levels. 45min

### REIKI £55.00

Reiki, meaning "universal life force energy" is a system for channelling energy via the therapist to someone for the purpose of healing. Reiki treatments work by dissolving or eliminating toxic energy and substances from many levels of one's being. 50min

### HOPI EAR CANDLING FACIAL DRAINAGE MASSAGE £50.00

The perfect treatment for those that suffer with ear and nose problems. The candles act as a vacuum to remove excess wax. A head and face massage then drains sinuses and helps to relieve problems with balance, earache, headache, stress and tension. 45min

## LEIGHTON DENNY HANDS and FEET

### ON THE MOVE MANICURE £20.00

Keeps hands and nails well groomed and fashionable between manicures. 15min

### CUSTOM MANICURE £35.00

Provides a 'celebrity' finish for those who want great looking hands and nails when time is of the essence. The soothing and calming benefits of essential oil of Lavender, Chamomile and Geranium envelop you as your hands and nails are revived in the shortest of time. 30min



### IMMACULATE MANICURE £40.00

The soothing and calming benefits of essential oil of Lavender, Chamomile and Geranium envelop you as you enjoy this truly luxurious manicure treatment. Hard working hands need special care, transforms even the most neglected hands leaving them unrecognisable. Combats the signs of premature ageing, improves uneven skin tone and stimulates the circulation. 60min

### ON THE MOVE PEDICURE £25.00

Provides tired looking feet with an instant pick-me-up when time is of the essence. 15min

### CUSTOM PEDICURE £40.00

Provides a special treat for those hard wearing feet. The uplifting aromas of essential oil of Peppermint, Lemongrass and May Chang envelop you as your tired feet are revitalised and re-energised in the very shortest of time. 45min

### PRISTINE PEDICURE £50.00

Transforms even the most hard working feet. The uplifting aromas of essential oil of Peppermint, Lemongrass and May Chang envelop you as your tired looking feet are super-charged back to life. This luxury treatment will transform even the most neglected feet, leaving them unrecognisable after they have been sloughed and buffed and brought back to life with the wonderfully restorative benefits of this foot treatment. 60min

### FRENCH MANICURE or PEDICURE

If you require a French manicure or pedicure please advise at time of booking. An additional charge of £5.00 per treatment is payable.

## SPA ESSENTIAL TREATMENTS

### EYE ESSENTIALS

Eyebrow Shape	£15.00
Eyelash Tint*	£15.00
Eyebrow Tint*	£12.00
Eyelash and Eyebrow Tint*	£25.00

\*(A patch test is required 24 hours prior to any tint treatment)

### WAXING ESSENTIALS

Full Leg	£30.00
Half Leg	£20.00
Three Quarter Leg	£25.00
Full Leg & Bikini	£40.00
Under Arm	£15.00
Forearm	£15.00
Bikini Line	from £15.00
Brazilian	£25.00
Hollywood	£35.00
Lip or Chin	£12.00
Lip and Chin	£20.00
Eyebrow	£12.00
Back	from £30.00

### MAKE-UP ESSENTIALS

Using a complete natural anti-ageing make-up range with the benefits of natural minerals and anti-oxidants to produce a flawless silky skin.

Make-up Lesson	£40.00
Make-up for special occasion	£35.00
Bridal Party Make-up	Price on request

## ST TROPEZ

### SELF TANNING ESSENTIALS

This treatment includes an exfoliation. It is essential to wear dark loose fitting clothing. We recommend you do not shower or exercise for 8 hours following the treatment.

Full Body - 60min	£45.00
Half Body - 30min	£30.00
Legs - 30min	£25.00
Face and Shoulders - 30min	£25.00

## SPA DAY PACKAGES

### HALF DAY BREAK

(10am - 2pm or 2pm - 6pm)  
Darphin Introductory Facial  
Back, Neck, Shoulder massage  
Use of heated indoor swimming pool, Jacuzzi, sauna and gymnasium  
Morning coffee and cookies or Afternoon Tea from 12.30pm

Monday to Thursday	£80.00
Friday to Sunday	£95.00

### CLASSIC SPA DAY

(10.30am - 6pm)  
Darphin Introductory Facial  
Back, Neck, Shoulder massage  
Body Exfoliation  
Use of heated indoor swimming pool, Jacuzzi, sauna and gymnasium  
Afternoon Tea

Monday to Thursday	£125.00
Friday to Sunday	£140.00

### ULTIMATE SPA DAY

(10.30am - 6pm)  
Darphin 45min Facial  
Aromatherapy Back, Neck, Shoulder massage  
Body Exfoliation  
Leighton Denny Custom Manicure  
Use of heated indoor swimming pool, Jacuzzi, sauna and gymnasium  
Light Lunch and Afternoon Tea

Monday to Thursday	£150.00
Friday to Sunday	£165.00

### SPA DAY FOR MEN

(10.30am - 6pm)  
Darphin Express Facial for Men  
Aromatherapy Back, Neck, Shoulder massage  
Use of heated indoor swimming pool, Jacuzzi, sauna and gymnasium  
Afternoon Tea

Monday to Thursday	£115.00
Friday to Sunday	£130.00

## MOTHER -TO - BE SPA DAY

(10.30am - 6pm)

Vitamin and Jojoba Body Firmer  
Leighton Denny Custom Pedicure  
Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium  
Afternoon Tea

Monday to Thursday           £145.00  
Friday to Sunday               £160.00

## BRIDE - TO - BE SPA DAY

(10.30am – 6pm)

Darphin Introductory Facial  
Aromatherapy Back, Neck, Shoulder  
massage  
Eyebrow shape

Leighton Denny Custom Pedicure  
Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium  
Afternoon Tea

Monday to Thursday           £140.00  
Friday to Sunday               £155.00

## GIRLIE SPA DAY

**Ideal for Special Occasions or Hen Parties (Min 4 persons)**

Choice of two 30 min treatments from:  
Darphin Introductory Facial  
Back, Neck and Shoulder massage,  
Body Exfoliation, Head Massage  
Leighton Denny Custom Manicure or  
Pedicure

Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium  
Afternoon Tea

Monday to Thursday           £95.00  
Friday to Sunday               £110.00



## TEENAGE SPA EXPERIENCE

### HALF DAY TEEN PARTY

**(Min 4 persons age 12-16)**

Choice of two treatments from:  
20min Darphin Introductory Facial  
20min Back, Neck and Shoulder massage  
Leighton Denny file and paint  
Make-up lesson

Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium  
Morning coffee and cookies or  
Afternoon Tea from 12.30pm

Monday to Thursday           £55.00  
Friday to Sunday               £80.00  
(10am - 2pm or 2pm - 6pm)

## TWILIGHT SPA EXPERIENCE

**RELAX**                                   £55.00 per person

**(Min 6 persons)** Mon-Thurs 6pm to 9pm

Two treatments:  
Darphin Introductory Facial and back  
massage.

Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium.  
All towels, robes and slippers provided.  
Choice of canapés and fruit cocktails from  
£6.00 per person

**REVIVE**                                   £70.00 per person

**(Min 4 persons)** Mon-Thurs 6pm to 9pm

Three of Three treatments from:  
Back, neck and shoulder massage,  
Custom manicure, Custom pedicure,  
Head Massage, Body Polish or Darphin  
Introductory Facial.

Use of heated indoor swimming pool,  
Jacuzzi, sauna and gymnasium.  
All towels, robes and slippers provided.  
Choice of canapés and fruit cocktails from  
£6.00 per person

## SPA BEAUTY CLUB

The SPA Beauty Club is our unique members club that rewards you with discounts, free gifts, perks and privileges only club membership brings.

**SILVER MEMBERSHIP**                   £60.00

(Valid Monday to Thurs 9am to 5pm)

Benefits:

All Treatments **10% OFF**

Complimentary Half Day in the Spa  
Complimentary Hand Treatment on your  
5th Visit  
Complimentary Body Exfoliation on your  
10th Visit  
Invitation to exclusive member events  
Exclusive offers and special savings  
throughout the year

**GOLD MEMBERSHIP**                   £100.00

(Valid Sunday to Thurs 9am to 5pm)

Benefits:

All Treatments **15% OFF**

Complimentary Half Day in the Spa  
Complimentary Hand Treatment on your  
5th Visit  
Complimentary Body Exfoliation on your  
10th Visit  
Free Annual Prize draw to win a delicious  
Afternoon Tea for two in the Hotel  
Invitation to exclusive member events  
Exclusive offers and special savings  
throughout the year

**PLATINUM MEMBERSHIP**           £140.00

(Valid Sunday to Friday 9am to 5pm)

Benefits:

All Treatments **20% OFF**

Complimentary Half Day in the Spa  
Complimentary Hand Treatment on your  
5th Visit  
Complimentary Body Exfoliation on your  
10th Visit  
Free Annual Prize draw to win a delicious  
Dinner for two (excluding drinks) in the  
Hotel  
Invitation to exclusive member events  
Exclusive offers and special savings  
throughout the year

## SPA ETIQUETTE

### ATTIRE

Clients on Spa Days (both men and women) will feel most comfortable going into treatments with their robe over their swimwear. For those clients just having treatments, we respectfully request that underwear is worn for all treatments. Our Therapists are trained to observe client modesty at all times. Swimwear is requested at all time in the sauna.

### ARRIVALS

Guests are requested to arrive at least five minutes before your treatment is due to start in order to change, if desired, and to fill out a medical questionnaire. Late arrival will mean that your treatment time is reduced or unable to be honoured. All treatment times indicated include an allowance of 5 minutes for consultation, dressing and undressing.

### MOBILE PHONES

Please ensure that mobile phones and pagers are switched off during your visit to The Spa.

### SMOKING

For the comfort and consideration of all our guests, a no smoking policy is operated throughout The Spa and the surrounding terraces.



## TERMS and CONDITIONS

### RESERVATIONS

For reservations or more information please call 01935 482045, email [spa@summerlodgehotel.co.uk](mailto:spa@summerlodgehotel.co.uk) or visit [www.summerlodgehotel.com](http://www.summerlodgehotel.com)

We can offer treatments that have not been pre-booked, however, to avoid disappointment we do recommend that you book your treatment in advance. If you are not sure what treatment to have then it is advisable to book time out with one of our therapists and then decide on a specific treatment upon arrival.

### BOOKING POLICY

A non-refundable booking fee of £30.00 for Half Day and £50.00 for Full Day Packages is required, which can be made by debit/credit card over the phone by calling 01935 482045.

All twilight spa experience packages must be pre-paid by credit/debit card.

### CANCELLATION POLICY

Bookings cancelled within 24 to 48 hours of treatment time will be charged at 50% of treatment cost. Bookings cancelled on day or no shows will be charged at full price of the treatment cost

### GIFT VOUCHERS

We offer gift vouchers for all occasions. Gift vouchers can be purchased to cover any value, treatment or package and make an ideal gift.

## SPA BEAUTY CLUB

Card is non-transferable. Membership fee is not refundable. Card may be used on your member's first purchase following payment of membership fee and issuance of card. Membership entitles you, the member, to discount in accordance with membership details, off all treatments for 12 months from the date of purchase of card unless otherwise stated. The Card is valid at The Spa at Summer Lodge and The Spa at The OGH Hotel in Guernsey only. Card must be presented at time of treatment to receive discounts. Discounts cannot be carried forward. Members must redeem their reward gift or discount on day of qualifying purchase. No cash alternative is available for the reward gifts. Card discount not available on gift vouchers; retail purchases; Beauty Club membership; or on delivery charges, or in conjunction with any other offer or promotion; or together with any other Loyalty Club card that may be introduced in the future. You cannot pay for any treatments or products with your Beauty Club at Summer Lodge membership Card. Card is not valid on orders by phone, mail, or email. Lost or stolen cards will not be replaced unless valid membership is proven.

## THE SPA SHOP

### RETAIL THERAPY

A full range of products to maintain body and face following treatments is available. Please ask your therapist.

### VAT

All prices include VAT at the prevailing rate.

## OPENING HOURS

### SPA TREATMENTS

Monday to Sunday 9am - 7pm

### SPA FACILITIES

Monday to Sunday 7am - 9pm

The Spa at Summer Lodge has been created to be a luxurious and relaxing retreat for adults and therefore access to children is limited to the following times: Monday to Sunday mornings 7 - 10.30am  
Monday to Sunday afternoons 4.30 - 9pm

